



AFTER8

BEAUTY SPA & SALON

Beauty Spa and Salon Menu

MASSAGES | BODY SCRUBS | BATH & SAUNA | WRAPS | FACIALS | SPA PACKAGES

MASSAGE TREATMENTS

Massage is a therapy that, when applied with skill and care, can precipitate many beneficial changes within the body, mind, and spirit. It is a powerful treatment precisely because it works on both the physical and psychological levels to

INVIGORATE & RELAX.

Massage techniques and strokes of massage can ease pain or tension from stiff aching muscles, boost circulation, and alleviate mental stress. Likewise, natural body therapies touch the senses and are important to the intricate balance of mind and body. They soothe the soul and foster balance and serenity.



The Classic

MASSAGE TREATMENTS



KOH SAMUI SUPREME

This treatment combines relaxing massage strokes with the healing techniques of pure traditional Thai massage. It uses rocking and stretching on body meridians and gentle yet firm acupressure massages are applied to the body's "sip sen" (10 lines). It relieves tension, soothes tired muscles, increases flexibility, and restores general well-being.

| | |
|------------|-----------|
| 60 minutes | 900 THB |
| 90 minutes | 1,500 THB |

MARRAKECH SIX SENSES

Our most aromatic and relaxing massage with a choice of four specially blended oils. This luxury treatment combines the use of natural plant essence and soothing body massage for relaxation and rejuvenation. The powerful effects of aromas and special massage techniques elicit total relaxation and sharpen your senses to their highest level.

| | |
|------------|-----------|
| 60 minutes | 1,350 THB |
| 90 minutes | 1,900 THB |

DUBAI HOT STONES

A luxurious aromatic massage combined with deep heat therapy that uses soothing, smooth basalt stones lifted from heated water and applied with warm oils in long flowing strokes over the body. It's the perfect treatment for loosening stiff and sore muscles resulting from over-exercise and stress. A very effective therapy in creating harmony and positive energy flow, thus promoting a sense of balance, energy, and peace.

| | |
|------------|-----------|
| 60 minutes | 1,600 THB |
| 90 minutes | 2,500 THB |

SAINT TROPEZ FUSION

This massage is a combination of traditional Thai massage and aromatic oil massage for an ultimate massage experience. Sensory indulgence with the healing powers of aromatherapy and tactile therapy. A unique blend of five different massage styles, including Swedish and Thai massage. This full body massage was created with pure pleasure in mind.

| | |
|------------|-----------|
| 60 minutes | 1,400 THB |
| 90 minutes | 1,950 THB |



PORTO HELI ALOE

Enjoy a luxurious aloe vera full body massage. Aloe vera facilitates skin soothing and cell renewal. It moisturizes while delivering skin-strengthening plant hormones to skin layers. Some of the benefits of aloe vera include relaxation, skin conditioning, cellulite reduction, and body sculpting. Aloe vera is calming and normalizing to the skin. It is also very helpful in case of sunburn or other skin irritations.

| | |
|------------|-----------|
| 60 minutes | 1,300 THB |
|------------|-----------|

The Ancient

MASSAGE TREATMENTS

KINGDOM OF SIAM

An ancient aromatic herb compress treatment dating from the Ayutthaya period, especially designed for war-weary soldiers to soothe their aching muscles. Practiced for over 200 years now, steamed herbal pouches (called “prakop”) containing five different Thai herbs known for their healing and rejuvenating properties are used to soothe and foster balance and serenity. Especially recommended for those suffering from very stiff and sore muscles.

90 minutes

2,000 THB

TAJ MAHAL TOUCH

A scalp & head massage from the Ayurvedic times of India. It helps eliminate toxins by increasing the lymphatic flow and activates the dormant hair follicles to promote new growth. The warm coconut oil used in this technique moisturizes and conditions the scalp, which helps avoid dry flaky scalp and dandruff. This also adds a luster and shine to your hair and protects it from breakage and split ends. And it eases stress and tension from scalp and neck muscles, thus helping you sleep better.

30 minutes

800 THB

THE SILK ROAD

An ancient Chinese technique based on the belief that the body contains constantly flowing energy or “Chi”, which end up in various reflex points on your feet. Specific pressure is applied on those points to re-establish the flow of energy throughout the body. This specialized foot massage assists in the relief of stress and tension, helps to improve circulation, and fosters a restoration of the body’s natural state of equilibrium, thus improving your body position and releasing the tension accumulated while walking.

60 minutes

1,200 THB

SECRETS OF CLEOPATRA

Ear candling does not only clear wax and debris from the ear canal, but it also relieves pressure from behind the eardrum, which all in all can sharpen mental functions, vision, hearing, taste & color perception. It helps ease earache, headache, sinus pressure and allergies, and at the same time it acts as a catalyst to clear nerve endings and promote healing. The subtleness of this technique helps create a very intimate ambience and it is believed to also increase your general welfare in a holistic way.

30 minutes

1,200 THB

Our Signature

DOORS TO HEAVEN [OFFERED IN OUR COZY HAIR SALON]

A new era scalp massage under a foamy shampoo wash. It stimulates the scalp circulation, renews oxygen and nourishes hair. This promotes stronger and healthier hair growth and relaxes the muscles of the scalp, easing stress and helping you sleep better. All the benefits of a traditional scalp massage without the weird feeling of dry hair rubbing. Your hair will get a healthier and shinier look thanks to the Kerastase® products used.

30 minutes

900 THB

All prices are subject to 10% Service Charge and 7% Government Tax.





BODY SCRUB TREATMENTS

A body scrub could metaphorically be understood as a body polish. In this treatment, a skin care product is applied and gently rubbed on the skin in order to remove dead skin cells through exfoliation as well as to cleanse the skin and increase the body's blood circulation.

GET GLOWING

Not only does it help moisturizing your skin, but it also adds a beautiful and natural gloss to it. Your skin will therefore look fresh and rejuvenated, and all in all more youthful.



THE SINNER'S CRAVING

A self-satisfying scrub with chocolate and almonds. For centuries, chocolate has been used for its magical properties to induce a state of satisfaction and well-being. Its active ingredients cause various mood-elevating endorphins to be released into the brain. Almonds and chocolate provide many essential nutrients like vitamins B, B2 and E, potassium, magnesium, copper, calcium, and iron. The treatment is completed with a body lotion to moisturize your skin and give it a soft glowing appearance as a result.

60 minutes

1,400 THB

THE ORGANIC LOVER

An energetic scrub with coconut, sesame seeds and honey. This body scrub ritual from Thailand exfoliates and polishes your body, leaving the skin soft and shiny. Rather than relaxing, it is quite invigorating. When soaking sesame seeds with honey and applied on the body, your skin is nourished and moisturized. This treatment responds well to all skin types. The treatment is completed with a lotion massage to nourish and soften your skin and give it a shiny and youthful look.

60 minutes

1,500 THB

THE GREEN SAMURAI

A revitalizing scrub with green tea and salts. This exfoliation ritual invigorates and brings vitality to your body. It starts with warm oil dripped luxuriously all over your body. Then our sublime mixture of Green Tea & Salts Glow is applied. Your skin will be cleansed, polished, and softened to perfection, while becoming toned, smooth and full of energy. The treatment ends with the application of body lotion, which will leave the skin glowing, vibrant, replenished and flawless.

60 minutes

1,300 THB

THE HAPPY MAKER

An invigorating scrub with a mix of high quality coffees. This treatment revitalizes your skin and energizes your body. An exhilarating scrub blend that stimulates blood circulation and refreshes the skin while cleaning away dead cells. The caffeine acts as a skin toner and is famous for its anti-inflammatory properties. The session finishes with the application of a soothing body lotion that will leave the skin with a clean and soft feel.

60 minutes

1,300 THB

THE YOGI'S WISH

A refreshing scrub with a mix of natural Thai herbs. This ritual serves to stimulate one's senses as it exfoliates away dry and roughened skin, giving it a softer and shinier appearance. Among the multiple benefits of plai, honey, tamarind, and bergamot, your skin will feel a rejuvenated, your muscles relaxed and you will reach a sharpened state of mind and awareness. The treatment is completed with a lotion massage that will leave your skin glowing and smooth.

60 minutes

1,300 THB

THE CONTOUR SCULPTOR

Our special cellulite reduction treatment. It starts with a coffee scrub, which provides antioxidants and stimulates blood microcirculation around the cellulite, which tightens the tissue. Next we will give a vigorous massage with pepper cream and apply a wrap around the affected areas. Finally, we will use a firming gel in combination with a softer massage to drain excess water into the lymphatic system.

*** We recommend a *minimum of 5 sessions* for better and more obvious results.

90 minutes

1,900 THB

Sublime Body
SCRUB TREATMENTS



BATH & SAUNA TREATMENTS

The benefits of baths (nowadays called “jacuzzis”) and saunas are many. Physically, they are invigorating and help tension fade and muscles unwind. Mentally, they leave us relaxed, revived and ready for whatever the day may bring. And of course they have multiple benefits for your skin, too.

RELAX AND UNWIND

Baths have been used in all civilizations from Egypt to Ancient Greece and Rome. Dry saunas are better for muscle relaxation and lowering blood pressure whereas the steam room will help with overall detoxification of the body. The choice is really yours.



SPRINGS OF BUDDHA

A relaxing bath in a traditional Thai herb collection of lemongrass, turmeric and bergamot which will help you relieve stress and increase blood circulation. It will certainly take you to a peaceful state of mind and deep mental and physical relaxation. It can also be helpful in case of headache and migraine. The first step to Enlightenment!

*** Recommended in combination with the *Kho Samui Supreme massage*.

30 minutes

700 THB

SPARTAN HEALING WATERS

A muscle soothing bath in a perfect mix of lavender, lemongrass, and bergamot which will melt tension away, alleviate pain in your joints and re-establish your energy levels. The perfect way to unwind and drift away. Very useful if your muscles feel sore after a long day or after doing some exercise. You can't miss it!

*** Recommended in combination with the *Saint Tropez Fusion massage*.

30 minutes

700 THB

THE PHARAOH'S ELIXIR

An enriching milk bath which will re-connect you with the child within yourself. Just as Cleopatra loved to bathe in milk, now you too can indulge in this pleasure. You will emerge from the sensory bath garden drenched with moisture, feeling sensuous, and smelling wonderfully aromatic. Pure bliss!

*** Recommended in combination with the *Marrakech Six Senses Massage*.

30 minutes

700 THB

STEAMS OF POMPEII

A Roman-style steam session in a traditional recipe of plai, tamarind, turmeric, bergamot, camphor, and lemongrass. It reduces stress and muscle tension, plus it has anti-inflammatory and immune-system reinforcing properties, cleanses your skin, eliminates toxins and stimulates blood circulation. Connect your body and mind!

30 minutes

700 THB

RUSSIAN DRY HEATS

A dry sauna in its purest Finnish-Russian form. A wooden room to leave your worries behind and enjoy a healthy sweat to help reduce tension, relieve pain, soothe sore muscles, eliminate toxins, strengthen your immune system, and improve cardiovascular performance. Perfect after a yoga or a gym session!

30 minutes

700 THB

Our Signature FOLLOW YOUR INSTINCTS

A totally tailor-made combination of herbal steam room or dry sauna with any kind of body massage where you make the decisions. Choose when you want to go to the sauna and how long you want to stay there, as many times as you wish. And also decide what kind of massage you want and let the masseuse know where you want her to focus. **It's all benefits!**

60 minutes

1,500 THB

Bath & Sauna

HYDRO TREATMENTS



BODY WRAP TREATMENTS

In a body wrap, after the application of a prepared mixture over your skin, it is wrapped with foil and left to rest for a few minutes. This technique brings several benefits to your body. It makes your skin look tighter and may even cause you to lose a few pounds of water weight.

SUPER-MOISTURIZING

Regardless of the ingredients of your choice, wraps are always highly moisturizing and they are thought to be able to “pull” toxins out of your body. Lastly, body wrap treatments are inherently relaxing because in the end you’re spending some quality time with yourself and the feelings in the treatment room are always more intense.



In Your Element

WRAP TREATMENTS

MOTHER EARTH'S GLOW

A white mud made up of yoghurt and some Thai herbs such as turmeric, tamarind, and plai. This mixture moisturizes and nourishes your skin, leaving it soft and bright. This warm herbal wrap also increases circulation in the area and gives your skin a nice radiant and glowing look.

*** Recommended after the *The Yogi's Wish* or *The Organic Lover* body scrubs.

60 minutes

1,600 THB



DEEP OCEAN'S PURITY

Combining the richness of seaweed and other sea plants, this wrap is deeply detoxifying at all levels. They are most often prescribed in the world's most professional spas. Let your thoughts drift away while you enjoy a soothing lotion massage and the action of the active ingredients, which work to detoxify, decongest, and stimulate your body systems.

*** Recommended after the *The Green Samurai* body scrub.

60 minutes

1,600 THB



THE FIRE COOLER

This treatment uses aloe vera with natural ingredients which are renowned for their hydrating and soothing properties. It is ideal for sunburned, irritated, and weathered skin. It cools down the skin and lowers the body temperature, thus reducing the uncomfortable and painful feeling. It also promotes new cell growth.

*** Recommended in combination with the *Porto Heli Aloe* massage.

60 minutes

1,700 THB



All prices are subject to 10% Service Charge and 7% Government Tax.





FACIAL TREATMENTS

Facials involve a soft and slow massage around the face area. This gentle movement improves blood circulation and lymphatic drainage. It also helps to relax facial muscles, which can slow down the onset of wrinkles on the face.

CLEANSE & MOISTURIZE

A variety of local and international special products are used to exfoliate, cleanse and moisturize your skin in order to help get rid of dead cells and toxins, thus enhancing new cell growth. The result is a glowing, revitalized and tighter look.





Healthy Skin

FACIAL TREATMENTS

THE FRESH START

Selected according to one's skin type, this ritual is based on natural products that exfoliate dead skin cells allowing new cell growth. They also get rid of toxins, cleanse the pores, and tone and moisturize the skin. All in all, it is a new beginning for your face tissue cells, thanks to the combination of exfoliation and deep cleansing.

60 minutes

1,700 THB

THE BEAUTY BOOSTER

In this treatment we use our own branded products and techniques to suit your specific skin type and condition. This comprehensive rejuvenating facial is designed to accentuate your natural beauty. Not only does it cleanse your skin, but it also tightens the tissue, and gives it a glowing and radiant appearance.

60 minutes

2,000 THB

THE AGE STOPPER

This superior facial treatment uses products formulated with many protective and anti-aging ingredients, giving zest and radiance to the skin and saturating the deeper layers with natural anti-oxidants. It includes cream and a mask enriched with free-radical agents like vitamin A, beta-carotene, and vitamin E. *A really complete ritual.*

75 minutes

2,200 THB

THE DORIAN GRAY

Specially designed for MEN. The application of tea tree oil will help exfoliate dead cells, deep cleanse the skin, nourish it and improve its original tone. The whole ritual will help detox and moisturize the skin to a high level, giving it a soft and rejuvenated, yet very natural look.

60 minutes

1,700 THB



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A photograph of a spa treatment room. In the foreground, a massage table is covered with a patterned yellow and brown cloth, with a white towel and a dark purple towel neatly folded on top. To the right, another massage table is visible with a red towel. In the background, there is a white spa tub, a sink area with various bottles, and a large window with sheer curtains. A clock and an air conditioner are mounted on the wall. A large, semi-transparent teal circle is overlaid on the center of the image, containing text.

SPA PACKAGES

The best way to enjoy all the benefits of the spa treatments is by combining them in the best possible manner. You can certainly create your own combination from the previous menu, with the help of our spa staff.

RECOMMENDED PACKAGES

But we would like to make it easier for you by recommending a selection of packages that have proven very effective. There are choices for all tastes. Choose your package, arrange an appointment and get ready to just relax and enjoy new realms of pleasure and welfare.



STELLAR SELECTIONS



REALMS OF HARMONY

When you are feeling down and you need an urgent uplift, this ritual is just what you need. It is an ancient tradition that re-awakens your senses, takes control of your emotions, and balances your soul.

THIS PACKAGE INCLUDES:

- **Stears of Pompeii** (Steam Room) 20 min
- **The Organic Lover** (Coconut Scrub) 40 min
- **Marrakech Six Senses** (Oil Massage) 90 min
- **The Beauty Booster** (Aroma Facial) 60 min

3 hours 30 minutes

5,300 THB

FULL MOON DELIGHT

Rediscover the child within yourself as you are immersed in our enriching milk bath just as Cleopatra loved to do. This ritual will help rejuvenate your skin, soothe your muscles, relieve anxiety, and balance your energies. A great combination of self-satisfaction, activation, and relaxation.

THIS PACKAGE INCLUDES:

- **The Pharaoh's Elixir** (Milk Bath) 20 min
- **The Sinner's Craving** (Chocolate Scrub) 40 min
- **Marrakech Six Senses** (Oil Massage) 60 min
- **The Fresh Start** (Cleansing Facial) 60 min
- **The Silk Road** (Foot Reflexology) 30 min

3 hours 30 minutes

6,300 THB

SPA Packages

BODY AND MIND

Thai herbs are blended by the local elder women and are used as a warm healing pack on the family who spent all day wading in the paddy fields. This ritual helps to relieve headaches, arthritis, and muscular aches, and gives you a peaceful state of mind. The perfect balance between body and mind.

THIS PACKAGE INCLUDES:

- **Springs of Buddha** (Thai Bath) 20 min
- **The Yogi's Wish** (Thai Scrub) 45 min
- **Mother Earth's Glow** (Thai Wrap) 45 min
- **Koh Samui Supreme** (Thai Massage) 70 min

3 hours

4,600 THB

SCIENCE OF LIFE

Known as "the science of life", Ayurvedic Medicine originated in India about 5,000 years ago. This ritual pursues longevity and holistic healing through a gentle, Indian-style head massage preceded by other ancient revitalizing techniques.

THIS PACKAGE INCLUDES:

- **Spartan Healing Waters** (Anti-Stress Bath) 20 min
- **The Green Samurai** (Green Tea Salt Scrub) 40 min
- **Marrakech Six Senses** (Oil Massage) 60 min
- **Taj Mahal Touch** (Head & Scalp Massage) 30 min

2 hours 30 minutes

3,900 THB

THE SORENESS HEALER

Perfect for people who have been walking long hours. If your feet and legs feel tired and this causes back pain from the constant moving up and down, we have a special ritual which will relieve tension and help to heal your sore muscles.

THIS PACKAGE INCLUDES:

- **Russian Dry Heat** (Dry Sauna) 20 min
- **The Silk Road** (Foot Reflexology) 45 min
- **Dubai Hot Stones** (Hot Stone Massage) 75 min

2 hours 20 minutes

2,800 THB

Post Flight Fantasy

RECOMMENDED AFTER LONG FLIGHTS

Particularly designed for people who recently had a long flight, this treatment helps accelerate the readjustment of the circadian rhythms (your biological clock) to the new time zone and get your body back to normal by alleviating the symptoms of jet lag, such as foot swelling, joint block, back contraction, neck and shoulder pain, energy imbalance, daze, exhaustion, headache, and ear pressure changes.

This perfect combination of essential oils, jacuzzi, different massage techniques applied to different parts of your body, the power of hot stones, and ear candle therapy will definitely help re-establish normal energy flow, realign your body, soothe your muscles, sharpen your mind, alleviate headache and discomfort, and reduce insomnia.

THIS PACKAGE INCLUDES:

- **Springs of Buddha** (Thai Bath) 30 min
- **Dubai Hot Stones** (Hot Stone Massage) 90 min
- **The Silk Road** (Foot Reflexology) 60 min
- **Secrets of Cleopatra** (Ear Candle) 30 min
- **3 hours 30 minutes**

6,000 THB

The Passion Trigger



RECOMMENDED FOR HONEYMOONERS AND COUPLES

This package is all about delicacy and seduction. First, the couple will enjoy a delightful 30-minute milk bath together, the same way Cleopatra and Julius Caesar used to flirt and play together in ancient times. Then a sensual chocolate scrub will invigorate your skin and stimulate your senses so that you will get the most out of the following aromatic oil massage.

The perfect way to end the session is by a slow, soft, seducing head & scalp massage. Besides all the obvious pleasant sensations, this treatment has other multiple benefits, such as skin moisture, muscle relaxation, and body & mind reconnection.

THIS PACKAGE INCLUDES:

- **The Pharaoh's Elixir** (Milk Bath) 30 min
- **The Sinner's Craving** (Chocolate Scrub) 40 min
- **Marrakech Six Senses** (Oil Massage) 60 min
- **Taj Mahal Touch** (Head & Scalp Massage) 20 min

2 hours 30 minutes

6,800 THB *Per Couple*

All prices are subject to 10% Service Charge and 7% Government Tax.

Specials

AFTER8

BEAUTY SPA & SALON

Features a fully equipped salon offering a great variety of cosmetic treatments and services for men and women, including manicures, pedicures and other nail treatments, and extensions; body waxing; and all kinds of haircuts, hair styling and treatments.

**HAIR + NAILS
AND WAXING**

Open from
10am to 6pm every day.





Hair Salon

BEAUTY SALON

CUT AND STYLE

- Shampoo & cut 1,000 THB
- Shampoo & cut FOR MEN 800 THB
- Shampoo, cut & blow-dry 1,500 THB
- Shampoo & blow-dry - straighten hair 1,200 THB UP
- Shampoo & blow-dry - curled hair 1,500 THB UP
- Special occasion hair-dos (incl. consultancy) 2,000 THB
- Braids - per piece 150 THB
- Blow dry (only) 600 THB UP
- Curl hair (only) 800 THB UP

- Hair treatment 3,000 THB UP

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10% Service Charge and
7% Government Tax.



Nails

TREATMENTS

- Manicure 700 THB
- Pedicure 1,000 THB
- Color - Normal 600 THB
- French - Normal 900 THB
- Gel Polish 1,000 THB
- Gel French 1,200 THB
- Foot scrub - remove dead skin 700 THB

REMOVABLE NAIL EXTENSIONS

- Gel Polish 600 THB
- Acrylic 900 THB
- Gel Extension 1,000 THB

NAIL EXTENSIONS

- Gel Natural 2,500 THB
- Gel French 3,000 THB
- PVC 1,800 THB

FILLS

- Gel Natural 1,700 THB
- Gel French 2,000 THB

EYELASH

- Eyelash Extension Y/W Style 990 THB
- Eyelash Extension Line-by-Line 1,200 THB
- Eyelash Extension Volume Style 1,500 THB
- Eyelash Removal 500 THB

Waxing

BARE ALL

- Lips & Chin 400 THB
- Eyebrows 500 THB
- Armpit 700 THB
- Half Arm 900 THB
- Full Arm 1,200 THB
- Back 2,000 THB
- Half Leg 1,200 THB
- Full Leg 1,800 THB
- Bikini Line 1,500 THB
- Brazilian 1,900 THB
- Extended Bikini 1,700 THB
- Hollywood 2,200 THB



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SPA TERMS AND CONDITIONS

Appointments

To make an appointment you can call our spa directly at no. 1200 for in-house guests. For outside guests, call +66 (0) 77 914 500. We suggest making appointments in advance; however, even at the last minute we will try our best to accommodate you. A credit card number is required at the time of booking for non-resident guests.

Cancellation

In the event that you need to cancel a reservation or reschedule, we require 4 hours notice for individual appointments. Canceling or changing appointments for groups of 3 or more requires 24 hours notice.

Check-in

Please arrive 10 minutes ahead of your scheduled reservation. This allows time for a leisurely check-in, a change of clothes, and a moment to relax into the experience that awaits you. To keep the serenity of the spa, we ask that you turn off your cellular phone upon arrival. Please present all gift certificates and promotional coupons at the Spa check-in counter. During this time we will provide a herbal drink and a cold towel.

No Show

Will incur a 50% charge of the treatment for which you booked.

Late Arrival

Late arrival will result in a reduction in treatment time. No refund is accounted for in lost time. We kindly request that all guests keep noise to a minimum. Cellular phones and electronic devices are discouraged.

Health Conditions

Guests who have high blood pressure, heart conditions, are pregnant, or have any other medical complications are advised to consult their doctor before signing up for any spa services. Please highlight your medical condition to the spa manager.

*** Please note that smoking and consumption of alcohol within the spa facilities is prohibited.

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AFTER 8 BEAUTY SPA AND SALON

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